

## 20 powerful questions for self-discovery

1. Who am I?
2. Who am I becoming?
3. Where do I come from?
4. What are my [values/worldview](#)?
5. What is my [life purpose statement](#)?
6. What does it mean to live “authentically?”
7. Which relationships mean the most to me?
8. What would I do if I were free from fear?
9. What do I like about my life? What don't I like?
10. What areas in my life need the most focus right now?
11. What things used to matter a lot, but don't hold as much gravity now?
12. Who do I look up to or admire?
13. What will I wish for when I am 80 years old and looking back on life?
14. When were some of the times I grew the most?
15. What would I do if I had a million dollars?
16. What would I do if I were to start a completely new life tomorrow?
17. If I were to contract a terminal disease and have 6 months left to live tomorrow, what would I do next?
18. In what ways do I render harsh judgment on myself?
19. What would be five things on my life bucket list?
20. How can I take action on what I've learned from this list of questions?

